

# Zone 9 Coaching Committee Monthly Report

## February 2020



Since our last report there has not been as much activity as we would have liked, mainly due to a protracted illness. There have been a number of sessions:

- A Zone 9 Coaching Course held at Harbord BC with 5 bowlers from 4 Clubs – Belrose, Lane Cove, Mosman and Newport.
- A Selection Module workshop attended by 18 bowlers and again we thank Harbord BC for their hospitality. David Cameron, a BNSW authorised convenor, led an excellent session and the attendees left with a proven format and system to help their Clubs achieve more objective methods of selecting teams for the upcoming Pennant season.
- A coaching session at Lane Cove BC where we had a discussion on delivery and a review of the importance of the four positions in a Pennant team. This was followed by practice on the green where we highlighted many of the practice routines listed on the Zone 9 website and some from the NSW and Australian representative team routines.
- A coaching session is planned for later this week, weather permitting, at Neutral Bay BC where a similar format will be in place.
- A second Selection Module workshop is planned for Sunday 16<sup>th</sup> February at North Sydney Leagues Club.

The Coaching Committee wishes all Clubs the very best for the Pennant season and we are always available to provide assistance to Clubs.

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